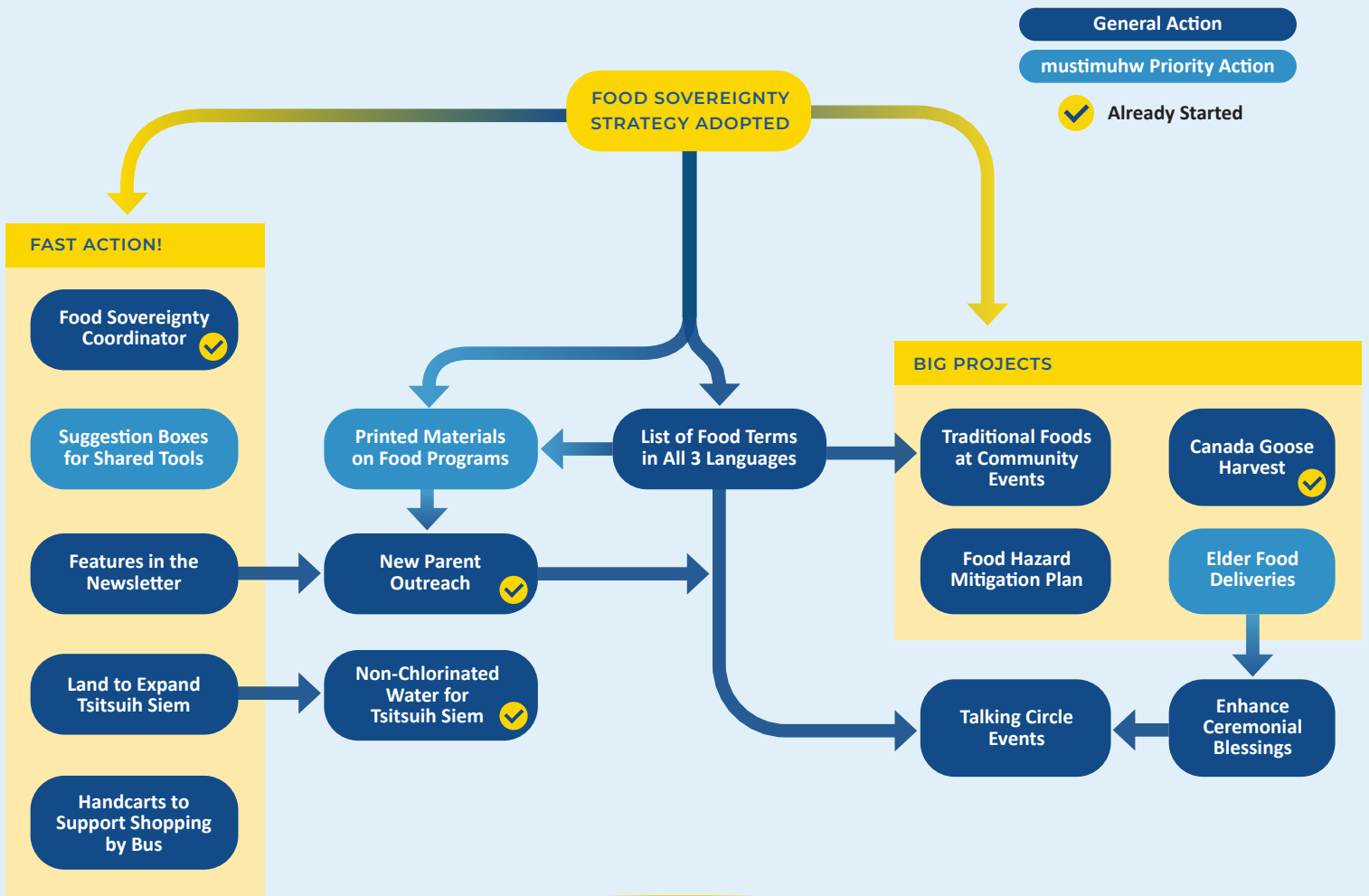


# Food Sovereignty Strategy: IMPLEMENTATION PLAN



This Implementation Plan shows how we will collectively work to turn the Food Sovereignty Strategy (2025) from a plan into action! It looks at the next five years of food sovereignty work at MÁLEXEŁ and provides a roadmap for achieving the outlined Goals and Actions.

The Food Sovereignty Strategy has 56 Actions that all work towards the Goals we created as a community. Some Actions will take many years to accomplish, but this flowchart summarises those that can be started within one year of adopting the strategy.



# VISION 1

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## PARTICIPATION

Our vision is to strengthen our connection to the land and water, fostering a greater appreciation and desire for traditional foods. In the short term, we aim to engage the community and achieve quick successes to build momentum. One of our early priorities is a program to distribute MÁLEXEŁ foods to Elders, which requires careful coordination. Initially, this program may focus on delivering food to Elders living on-reserve, but with the intention to expand to all our Elders in the region.

Goals (ma'it)	# of Actions	# of Priority Actions
Increase opportunities for mustimuhw of all ages to eat traditional foods.	6	2
Empower mustimuhw to share traditional harvesting knowledge and skills between families and generations.	8	3

Community desire for traditional foods will increase participation in local harvesting and processing.

As we move into the second and third years of our plan, we will encourage a culture of sharing food and food-related knowledge. This is an exciting time for our community, and we will use social media and newsletters to celebrate these efforts. Our progress is supported by the Food Sovereignty Coordinator, who plays a crucial role in these initiatives.

### What Success Looks Like:

- mustimuhw are excited to enjoy traditional foods at community events and meetings.
- The SENĆOŦEN, Hul'q'umi'num', and Samish names for important foods are widely used and understood by staff and mustimuhw.
- Youth feel empowered and capable of participating in growing, harvesting and processing traditional foods.

# VISION 2

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## AFFORDABILITY

Our Food Sovereignty Strategy aims to make healthy eating more affordable and accessible by improving economic outcomes and increasing the availability of traditional foods in our community. In the short term, we're focusing on projects already underway, such as working with local First Nations to harvest Canadian Geese and expanding community gardens. We're also promoting initiatives like the Backyard Garden Program through our community newsletter.

Healthy eating will be affordable for mustimuhw.

Some of our efforts will take longer to achieve, as they require funding and administrative support. These include important community projects that will strengthen our food systems. Looking ahead, we plan to enhance food affordability by supporting local food processing and growing. This will be a key part of our strategy and will need active community involvement.

Goals (ma'it)	# of Actions	# of Priority Actions
Reduce the cost to participate in traditional harvesting activities.	4	1
Increase the amount of food that MÁLEXEŁ can sustainably provide mustimuhw.	8	1
Reduce the number of food insecure households to zero.	7	0

### What Success Looks Like:

- MÁLEXEŁ hunters can have their game butchered affordably.
- mustimuhw feel that the Food Fish Distribution is dignified and equitable.
- The yield of harvests at Tsitsulh Siem (Community Garden) have increased.



# VISION 3

qulquluthun



## ACCESSIBILITY

To turn our growing interest in traditional food practices into action, we need accessible infrastructure and facilities. Some of our key projects, like building a footpath to the community garden, will take time due to funding and permits. However, we're also working on more immediate solutions to improve accessibility. These include securing funding for a shuttle bus program and planning a communal salmon smokehouse, which is already in progress!

mustimuhw will be able to access the facilities and equipment that enable food sovereignty.

Our goal is to make it easier to participate in food-related activities. Success will be measured by how many community members engage with our food sovereignty programs and use the new facilities. Your involvement is crucial as we work to make these initiatives a reality.

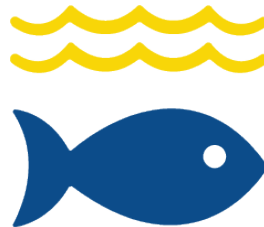
Goals (ma'it)	# of Actions	# of Priority Actions
Improve Transportation to Local Food Businesses and Facilities	7	1
Increase Availability of Food-Related Equipment and Facilities	8	2

### What Success Looks Like:

- Shared equipment and facilities are being regularly used.
- mustimuhw visits to Tsitsulh Siem increase.
- The salmon smoke house is operational and there's a sustained community interest in the process.

# VISION 4

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## STEWARDSHIP

Stewardship is vital for the health and wellbeing of our community and environment, playing a key role in achieving Goals like accessing traditional foods. In the short term, we're developing a Food Hazard Mitigation Plan. Looking ahead, we aim to improve access to land for traditional hunting and harvesting. Tools such as Memoranda of Understanding and Indigenous Protected and Conserved Areas will be crucial, and we'll seek legal guidance to implement them effectively. To enhance food safety, we plan to start with training programs and work towards establishing our own Shellfish Testing Lab. These efforts will help us build a healthier, more resilient community.

MÁLEXEŁ's stewardship will contribute to lands and waters that mustimuhw can harvest safely and sustainably.

Goals (ma'it)	# of Actions	# of Priority Actions
Uphold MÁLEXEŁ's rights to continually steward its traditional lands and waters.	4	1
Reduce the risk of mustimuhw eating contaminated local fish or seafood.	4	0

### What Success Looks Like:

- There is confidence that the next seven generations will be able to access important food harvesting sites.
- Other First Nations contact MÁLEXEŁ when assessing the safety of local shellfish.
- Plant and animal relations thrive and increase biodiversity.

This is a condensed version of the Implementation Plan, please contact the Malahat Lands & Environment Department at [lands@malahatnation.com](mailto:lands@malahatnation.com) for more details. Document created in collaboration with Dillon Consulting Limited.

